May 2021

# Sartwell Place

## Official Newsletter

Jack paints during one of the morning activiities. He will be celebrating his birthday this month.

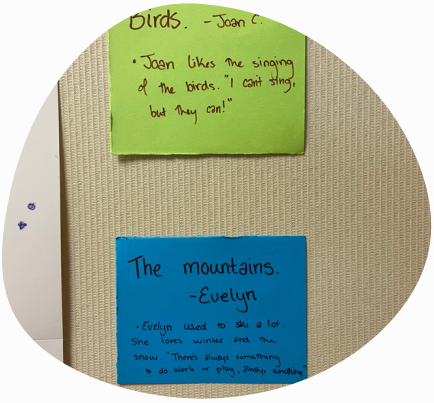
## Important Dates

Wednesday, May 5th - Cinco De Mayo

Sunday, May 9th - Mother's Day

Monday, May 17th - Jack's Birthday

Monday, May 31th - Memorial Day



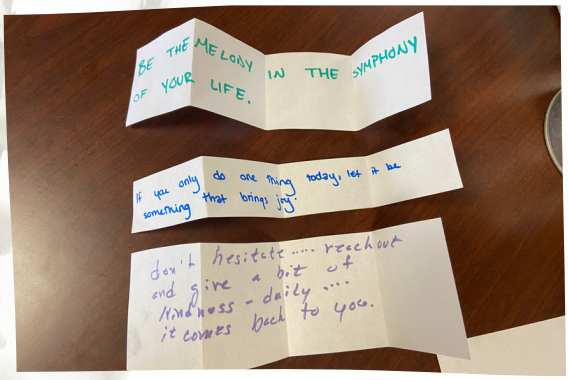

## Why We Love The Earth

Residents celebrate Earth Day with reflection.

On April 22nd, residents celebrated Earth Day by making a poster dedicated to all the reasons they love the earth. Each participating resident was asked this question, and were given the opportunity to post their answers with the poster in the hallway.

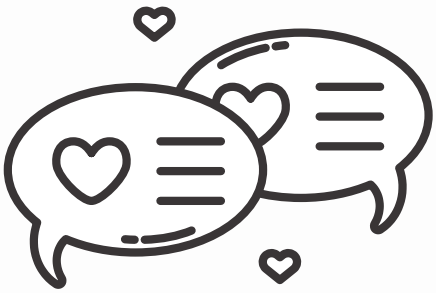
Pictured is Sunny with the poster in process, and the responses from Joan and Evelyn.

## Jar of Hearts



Halfway through April, residents gathered to create an Encouragement Jar for the community. Each participating resident wrote supportive and inspiring messages, which were then cut into slips, and used to fill several containers for not only for the Sartwell activity room and staff room, but also for the nurses stations in the Morrison and the offices in the lobby and basement.

Pictured is an example of some of the slips, and what the containers looked like filled with the notes of love. Upon delivery to the Morrison, the staff were overwhelmed and greatly appreciated the gesture.



## Going Out on a Limb

On Arbor Day, residents stretched their artistic comfort zones to paint four-season trees to celebrate the arboreal holiday. While the base drawing was the same for every resident, the panels resulted in a beautifully unique forest!

Residents then displayed their paintings in the hallway gallery.

Pictured is Charles as he works on his masterpiece.